

## Volunteer Spotlight: **Robin Strathdee**

Robin Strathdee was a stay-at-home mom to her two amazing daughters for many years. While home with her girls, she stayed connected with the community through volunteerism.

Robin reflects, “We have all heard the saying, everyone has a story. This is very truthful and powerful because most people want someone to listen, care about them, and recognize their value. Because I have always been drawn to work with people, I have heard many personal stories over the years. I have listened to powerful (tragic and uplifting) stories from kids and teens in crisis, people living with disabilities, seniors, and people at the end of their lives. Sometimes, we need to slow down and listen.”

Robin uses this mindset as she volunteers with patients at Rosedale Hospice and with clients in the Companion Program through our Living with Advanced Illness Centre. We are truly thankful for the compassionate outlook and heart-driven passion that have brought her to our volunteer team.

Robin’s exceptional volunteer spirit and work with Hospice Calgary was recently recognized by the Alberta Blue Cross. Way to go, Robin!

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